

# Lifespans: Adam to Noah

## Genesis 5: 1 - 32



Adam's descendants to Noah had long life spans. Most lived more than 12 times longer than today's average person. Below is a chronicle of their life spans from the Old Testament.

### ADAM

930

The first man - was not born, but "made" in God's image from the dust in the ground and God's breath in his nostrils

### SETH

912

The 3rd son of Adam, after Cain slew Abel -- All generations to Jesus trace through Seth

### ENOS

905

### CAINAN

910

### MAHALALEEL

895

### JARED

962

### \*ENOCH

365

Enoch never died. He ascended with God at the age of 365--the same number of days in a year

### METHUSELAH

969

Oldest living person named in the bible, thus the saying "Old as Methuselah"

### LAMECH

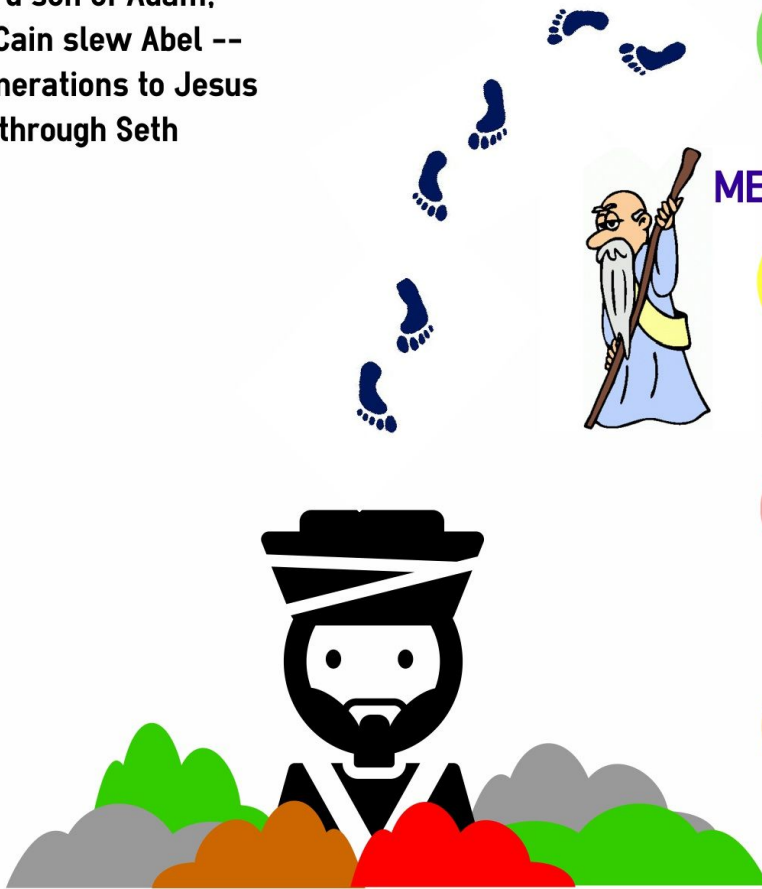
777

777 is a Trinity of numbers

### NOAH

500

Noah's age at the end of Genesis Chapter 5



## ENOCH

**\*And all the days of Enoch were three hundred sixty and five years:  
And Enoch walked with God: and he was not; for God took him.**